



Patient Clinical, Social & Family History

Our clinic is dedicated to continually improving our quality of care and enhancing the health outcomes for our patients. By providing your past medical history, family history, and current social/lifestyle information, we can better provide you with the best quality holistic care.

Please complete this form to the best of your knowledge, and attach any relevant records you have.

Demographic

First Name		Surname	
Date of Birth		Date	

Allergy Information

Do you have any allergies? <input type="checkbox"/> YES <input type="checkbox"/> NO, I have NO Known Allergies	
Name of Allergen	Reaction (e.g. rash, vomiting, hives, anaphylaxis, swelling, diarrhea,)

Your Health

<p>Do you have any medical conditions or Do you take any medicines for anything?</p> <p><input type="checkbox"/> Asthma <input type="checkbox"/> High Blood Pressure</p> <p><input type="checkbox"/> Diabetes <input type="checkbox"/> Heart Disease e.g. Heart Attacks, Heart Surgery</p> <p><input type="checkbox"/> Cancers (give details) _____</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Anxiety</p> <p><input type="checkbox"/> Other Mental Illness (give details) _____</p> <p><input type="checkbox"/> Any other health Conditions (give details):</p>	Past Operations/Surgery?
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What Medications do you take (include ANY complimentary medications you are taking):

Screening Tests: -

Last Cervical Screening Date: _____ Not sure never

Last Bowel Cancer Screen Date: _____ Not sure never

Any other medical information you would like to share?

Please Turn Page Over →

Family History

<input type="checkbox"/> No Significant Family History <input type="checkbox"/> Unknown (e.g. Adopted)	
MOTHER Alive? <input type="checkbox"/> YES <input type="checkbox"/> NO Cause of Death: _____ Age: _____ What medical conditions did your Mother have? <input type="checkbox"/> Diabetes <input type="checkbox"/> Hypertension <input type="checkbox"/> Heart Disease <input type="checkbox"/> Stroke <input type="checkbox"/> Colon Cancer <input type="checkbox"/> Breast Cancer <input type="checkbox"/> Depression <input type="checkbox"/> Skin Cancer (type if known) _____ <input type="checkbox"/> Other) _____	FATHER Alive? <input type="checkbox"/> YES <input type="checkbox"/> NO Cause of Death: _____ Age: _____ What medical conditions did your Father have? <input type="checkbox"/> Diabetes <input type="checkbox"/> Hypertension <input type="checkbox"/> Heart Disease <input type="checkbox"/> Stroke <input type="checkbox"/> Colon Cancer <input type="checkbox"/> Breast Cancer <input type="checkbox"/> Depression <input type="checkbox"/> Skin Cancer (type if known) _____ <input type="checkbox"/> Other) _____
Any other Family Members with Medical Conditions? (Please state relationship & condition) <i>Include Siblings, Children, etc.</i>	

Social & Lifestyle Factors

CURRENT ALCOHOL INTAKE <input type="checkbox"/> Non-Drinker or Days per week _____ Standard Drinks per day _____ How often would you have 6 or more drinks in any one occasion? <input type="checkbox"/> Never <input type="checkbox"/> Monthly <input type="checkbox"/> Weekly <input type="checkbox"/> Daily	CURRENT SMOKING HISTORY Do you OR have you ever smoked EVER in your life? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Non Smoker <input type="checkbox"/> Ex-Smoker <input type="checkbox"/> Smoker <input type="checkbox"/> Social Smoker <i>give details</i> _____ Year Started _____ Year Stopped _____ How many cigarettes per day? _____
Do you live alone? <input type="checkbox"/> Yes <input type="checkbox"/> No	Marital Status:
Elite Athlete <input type="checkbox"/> Yes <input type="checkbox"/> No	Occupation:
Do you have a Disability?	Do you have a Carer? If yes, who?

**PLEASE TAKE THIS FORM WITH YOU TO
GIVE TO YOUR DOCTOR**